

Module Specification

Summary Information

Module Code	4601DAN
Formal Module Title	Dance Techniques 1
Career	Undergraduate
Credits	45
Academic level	FHEQ Level 4
Module Pass Mark	40

Learning Methods

Learning Method Type	Hours	
Practical	350	

Module Offering(s)

Start Month	Duration	
September	28 Weeks	

Aims and Outcomes

Aims	The Dance Technique 1 module aims to provide students with the opportunity to ascertain core foundation skills in Ballet, Jazz, Contemporary, Commercial and Tap dance styles.

Learning Outcomes

After completing the module the student should be able to:

Code	Description		
MLO1	Execute the technical fundamentals of Ballet, Contemporary, Jazz, Commercial and Tap techniques.		
MLO2	Establish a strong body with good physical range.		
MLO3	Demonstrate a clear understanding of musicality, rhythm, and dynamics.		
MLO4	Retain material and embody choreographic details.		
MLO5	Demonstrate the importance of safe practice within all genres.		

Module Content

Outline Syllabus

The Dance Technique 1 module will provide students with a solid framework and understanding of how to apply their physical diagnostic appropriately and intelligently to the physical demands of dance training. Working in conjunction with the Healthy Dancer 1 module at Level 4, students will learn to address postural issues and muscular imbalances, transferring this knowledge gained through applied technical practice in Ballet, Jazz, Contemporary, Commercial and Tap. This knowledge and ability to adapt and apply their individual physique is imperative and inherent across all levels of training at LIPA. Students will be assessed once as a reflection of their work and progress throughout the duration of the module. This will include separate components which assess elements of physicality, artistry, performance and technical articulation.

Module Overview

The Dance Techniques 1 module aims to provide students with the opportunity to ascertain core foundation skills in Ballet, Jazz, Contemporary, Commercial and Tap dance styles. This will provide students with a strong understanding of fundamental technique and will underpin their technical practice across all genres at LIPA.

Additional Information

Students will require a yoga or Pilates mat and will be provided with a TheraBand.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Learning Outcome Mapping
Practice	Practical Class Assessment	100	0	MLO1, MLO2, MLO3, MLO4, MLO5